



Pascack Valley Regional High School District SCHOOL COUNSELING NEWSLETTER Spring 2021

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Virtual College Fairs



National Association for
College Admission Counseling
Guiding the way to higher education

Visit → <https://virtualcollegefairs.org/events>



Visit → <https://pages.collegeboard.org/big-future-days>



PVRHSD and NVRHSD will jointly host our annual college fair, virtually on Wednesday, April 28, from 4:00pm –6:00pm. Additional details, including the event link will be forthcoming in late April.

Unpacking Family Baggage: Healing from Trauma & Addiction

LIVE
VIRTUAL EVENT

Wednesday, April 14th, 2021

MENTAL HEALTH RESOURCE FAIR 6-7pm
<https://hillsvalleycoalition.org/mental-health-resource-fair/>

KEYNOTE SPEAKER:
Claudia Black, Ph.D. 7-9pm

Meeting ID: 909 951 6173
Passcode: J3NvAP

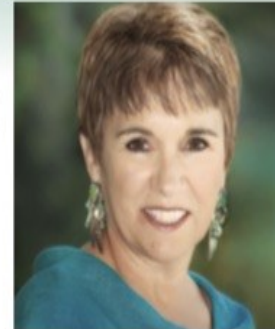


Trauma begets trauma; addiction begets addiction; and each tends to beget the other. Both reverberate throughout a family system. Come and benefit from the years of experience of **Claudia Black, Ph.D.** as she will visually portray how we carry family of origin issues into our adult lives using the metaphor of the Baggage Cart, discuss trauma and addictions, and offer a 7-step path to a healing process.

Dr. Black's passion has been ageless and offers a foundation for those impacted by addiction, codependency, and mental health challenges. This will be an impactful evening!

ABOUT THE SPEAKER:

Claudia Black, Ph.D. is a renowned addiction author, speaker, and trainer -internationally recognized for her pioneering and contemporary work with family systems, addictive disorders and treating complex addiction and mental health issues faced by youth and young adults. Dr. Black's expertise includes treating trauma and addictions. She empowers and strengthens families through treatment and her educational programs that address removing barriers to recovery in order to embrace multi-generational healing.



Dr. Black's books will be available at the event for purchase or order - CASH or CHECK only.



@HillsValleyCoalition

@HVC_StigmaFree

@HillsValleyCoalitionProudToBeStigmaFree



The Hills Valley Coalition for Resilient Youth

www.hillsvalleycoalition.org



Governor's Council on ALCOHOLISM & DRUG ABUSE

“Wellness Week”


April 26-30, 2021

More details to follow.....

- ◆ **Yoga**
- ◆ **Meditation**
- ◆ **Fitness Classes**
- ◆ **Health/Nutrition Options**
- ◆ **And more....**







SAT Test Dates

| | | |
|--------------|---------------------|---------------|
| May 8, 2021 | SAT & Subject Tests | April 8, 2021 |
| June 5, 2021 | SAT & Subject Tests | May 6, 2021 |

CEEB CODES

PASCACK HILLS **310-823**

PASCACK VALLEY **310-540**

Registration Deadline

Go to www.collegeboard.com to register!

ACT Test Dates

April 17, 2021

June 12, 2021

July 17, 2021

Registration Deadline

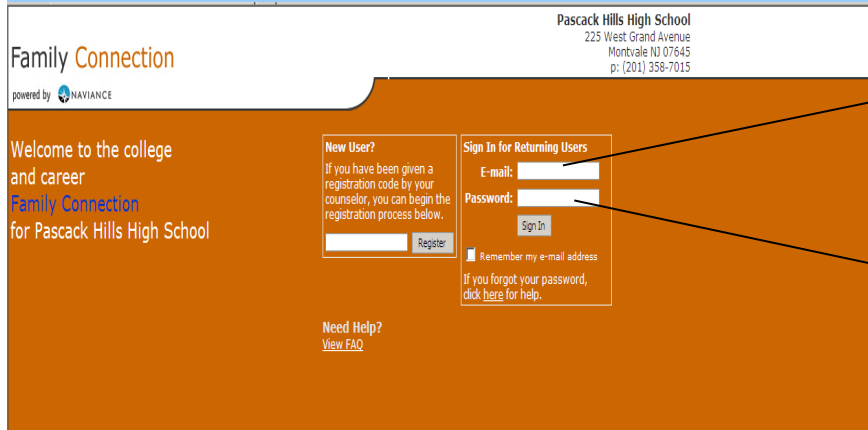
March 12, 2021

May 7, 2021

June 18, 2021

Go to www.actstudent.org to register!

All students login with their laptop username and password.



LAPTOP USERNAME:
Ex (m.smith)

LAPTOP PASSWORD
Ex: (ab123)

Attention Freshmen!

Have you taken advantage of the *Learning Style Inventory* in Naviance?

If not, check it out!

Attention Sophomores!

Complete the *Do What You Are Inventory* in Naviance!

Attention Juniors!

Visit Naviance to:

- Check your updated GPA
- Search colleges
- Utilize the scattergrams
- Update your resume